

YOUR APPOINTMENT :

TIME:

DATE:

Note: Please arrive at least 30 minutes prior to your appointment to complete prescreening paperwork.

WHAT IS A PET/CT SCAN?

A PET/CT scan combines Positron Emission Tomography (PET) and Computed Tomography (CT) images. PET images show the function of cells in the body. CT images show body anatomy such as vessels, lymph nodes and organs. Combining PET and CT images helps doctors diagnose, monitor, and determine next steps in your treatment plan.

WHAT TO EXPECT DURING THE EXAM:

In preparation for the exam, you receive a small injection of radioactive tracer. You rest comfortably for 45-90 minutes while the radioactive tracer moves through your body. Then the technologist brings you to the scanner. You may be asked to hold your breath for several seconds during the exam. Try to remain still while the scan is in process. The length of the exam depends upon the body area being scanned.

After the exam:

A radiologist reviews your scan and sends results to your doctor. After your scan, you may resume your normal activity level. The injected radioactive tracer quickly leaves your body. To expedite this process, drink plenty of water.

COVID-19 SAFETY INFORMATION:

We are committed to the safety and well-being of our patients and staff. To learn more, visit <https://www.johnstonhealth.org/coronaviruscovid-19-resources/visitor-restrictions>

CONSULT YOUR DOCTOR PRIOR TO YOUR PET/CT SCAN IF:

- » You are or may be pregnant
- » You are allergic to any drugs or foods
- » You are currently being treated for an infection
- » You are unsure if you should take your medications

PREPARING FOR YOUR PET/CT EXAM

Prepare for your exam by following the strict guidelines below. Contact the scheduling department if you have any questions prior to your appointment.

- » Don't eat or drink anything except plain water for 6 hours before your exam.
- » Take your medication as directed by your doctor.
- » Avoid rigorous activity for 24 hours before your exam.
- » Dress warmly and comfortably.
- » If you are diabetic, eat a small meal four hours before your exam and take your insulin or oral diabetic medication, if necessary. Ensure that your glucose levels are between 50-200, or the exam will need to be rescheduled.

Make every effort to keep your appointment. If you must reschedule, notify our office at least 24 hours in advance.

WE LOOK FORWARD TO CARING FOR YOU.

509 N. Bright Leaf Blvd.. Smithfield, NC 27577

www.johnstonhealth.org

Scheduling: 919.938.7749

Services provided by

